Winter driving safety
The most important element for enjoying a safe snow season is adjusting your driving habits to match current road conditions.

Newest cadet-built satellite nearing completion
“I am amazed by these cadets. I wish I had them working for me now,” said Colonel Hargis.

Life-saving cadets receive commendation medals
By Butch Wehry
Academy Spirit staff

Six cadets received Air Force Commendation Medals during the noon meal Monday for actions that saved the lives of a man in Salt Lake City Jan. 18 and three Panamanian citizens June 13.

Second Lt. Christopher Tulk, Cadet 1st Class Benjamin Garoutte and Joshua Lapso, and Cadets 2nd Class Alan Foote, Bryan Koenig and Derrick Rowe were recognized for their acts of courage.

Lieutenant Tulk, now assigned to the 47th Operations Support Squadron at Laughlin Air Force Base, Texas, and Cadet Garoutte were unable to attend the ceremony.

Then-Cadet Tulk and Cadet Lapso saw a man get hit by a train and dragged nearly 40 feet while in downtown Salt Lake City. Both cadets rushed to the aid of the injured man, immediately taking control of the scene and halting traffic in the process. While checking for a pulse, Cadet Lapso realized that the man was unconscious and bleeding from the head.

The cadets immediately called 911 to summon emergency personnel to the scene. When the injured man regained consciousness and attempted to roll over, Cadets Tulk and Lapso quickly immobilized him to prevent possible paralysis. They reassured him that medical personnel were on their way and implored him to remain still.

Medical responders praised Cadets Tulk and Lapso for their decisive actions and for keeping the man from injuring himself further.

Cadets Garoutte, Foote, Koenig and Rowe were in Panama with Victor Nell, a Spanish instructor with the Academy’s Department of Foreign Languages, for a cultural immersion trip to Panama City in June.

Lamoureux leads Falcons to exhibition win
Air Force junior forward Scott Kozlak tries to outmaneuver Calgary defender Dustin Hatlelid during the Falcons-Dinos exhibition match. The Falcons won the match on two goals by junior forward Jacques Lamoureux. Kozlak is a native of Duluth, Minn. See story Page 10.

Brig. Gen. Samuel Cox poses for a photo with Cadets 2nd Class Bryan Koenig, Derrick Rowe and Alan Foote after presenting the cadets with Air Force Commendation Medals in Mitchell Hall Monday. The cadets, along with Cadet 1st Class Benjamin Garoutte, swam to the aid of three Panamanians at risk of drowning during a cultural immersion trip to Panama City in June.

“Inside Academy Football”
CBS-C sports show highlights Falcons’ Ben Garland tonight from 5-5:30 p.m.

Vol. 49 No. 40 October 9, 2009
Leadership means more than just rank

ELLSWORTH AIR FORCE BASE, S.D. (AFNS) — Sixteen years ago, I stood on the parade ground at the Medina Annex on Lackland Air Force Base, Texas, anxiously waiting to accept my commission as a brand new second lieutenant.

Moments before my uncle asked me to raise my right hand, he pulled me aside and said, “Matt, in a few minutes, you’re going to be a lieutenant and outrank more than 80 percent of all Air Force personnel. You’ll be expected to lead from this day on and I have two pieces of advice for you: Make sure you take care of your people. If you do that, they’ll take care of you.” (You’ll have to wait for the second piece of advice.)

A few minutes later, I was a second lieutenant in the Air Force, my gold bars were shining in the Texas summer sun, and all I could think was “OK, now what? What do I know about leading?”

I thought about what my uncle said, and he was right. I’ve never forgotten his advice, but I soon realized there was much more to leadership.

Leadership is a nebulous concept. We think we know what it is, or, at least we know what it isn’t, and try to provide an exact definition is difficult at best. But what are some of the qualities or traits of good leadership? Undoubtedly, it embodies our core values of service before self, integrity, and excellence in all we do, but there are a few others. I can’t give you a laundry list of what leadership is made of; it’s different for everyone. Pick up a dozen different books on the subject, and you’ll get a dozen different answers and perspectives. What follows isn’t anything from a text book or a leadership seminar, but reflections on some common characteristics of leaders I’ve been fortunate enough to be associated with. The qualities are by no means all encompassing, but are the ones that seem to stand out and hopefully provide you something to reflect on as well.

Ironically, one of traits that stood out the most was followership. Intuitively, leadership, when broken down to the most fundamental definition, implies being out in front of others and that the “leader” is typically the senior ranking person; however, some of the best leaders are those that lead by being led.

One of my previous bosses operated by the philosophy that he would “point the boat in the direction it needed to go” and then let his action officers “make the boat go.” He would listen to their suggestions and recommendations; if they made sense, he’d let them press on. If the suggestions or recommendations didn’t quite make sense, he would simply redirect with simple suggestions or subtle hints, and then let them proceed as if the ideas were their own.

Another significant trait that follows suit with “leading from behind” is the lack of ego. Don’t get me wrong; I believe in the idea of being out in front to provide something to reflect on as well. The difference is we must also make sure to keep our ego in check and allow others to make mistakes.

Tune into KAFA, 97.7 FM for Exhibits specialist Don Zimba, Wednesdays at 8 a.m. and 8 p.m. Also on ITunes or www.usafa.org.
Leadership

From Page 2

Of all the traits and qualities that comprise leadership, the one I think garners the most "capital" with subordinates is humility. While the notion is humbling about them.

Looking back, two distinct episodes stand out and exemplify different levels of humility. The first occurred during a change of command where the incoming commander called his new unit by the wrong designation. What I find interesting is that the unit's three chiefs discreetly pulled the new commander aside during the reception and informed him of the unintentional mistake, but yet he refused to admit he was wrong. In fact, he even went as far as telling the chiefs (and the other 200 plus unit members) they were wrong and he couldn't have made a mistake since his notes had the correct unit designator.

How effective do you think he was after that episode? A dose of humility and little self-deprecation would have made a world of difference for his next two years in command.

The second episode is a little more vivid and involved a group commander I worked for when I was a brand new captain. During a tour of our construction projects, he became incensed because he didn't understand why one project was under way and another one was on hold. Within seconds, the chief and I were standing at attention, and the colonel was yelling and cursing at us at the top of his voice while slapping the eagles on his collar. An hour or so after my significant emotional event, the colonel appeared in the doorway of my office, and apologized profusely, not only for his behavior, but also for the fact that he was wrong and I was right. My respect for him grew exponentially, and do you know what? At that point in time I would have followed him just about anywhere just because he was "big enough" to admit he was wrong and took the time to come apologize in person.

Regardless of your rank or position, you are a leader; whether you think so or not. What I challenge you to do now is to spend some time reflecting on what you think a good leader is, and then work to make those traits yours.

In closing, I want to leave you with a quote I came across during my research: "The day Soldiers stop bringing their problems is the day you should apologize in person."

As I mentioned earlier, these are only a few leadership qualities that stand out from my career. There are so many more, but what makes up leadership is different for every person.

CSAF, CMSAF to Airmen: USAFA wants you

October 9, 2009

Academy Spirit staff

Chief of Staff Gen. Norton Schwartz and Chief Master Sgt. of the Air Force James Roy encouraged Airmen seeking to attend the Academy or the Preparatory School.

"If you have young, hard chargers in your command who demonstrate outstanding character and values coupled with leadership potential, please urge them to consider a commissioning path through our Academy," General Schwartz and Chief Roy wrote. "As commanders and supervisors, we ask for your support to encourage your sharpest Airmen to apply for the LEAD program."

The Academy accepts up to 85 active-duty Airmen and 85 Reserve and Air National Guard Airmen annually, according to the message. The Preparatory School filled 48 out of 50 active-duty allocations for the 2009-2010 academic year.

Airmen wishing to apply for an Academy or Prep School appointment must complete an Air Force Form 1786 and return the form with a commander's endorsement to the Academy's Admissions Office before Jan. 31, 2010. The Admissions Office address is: HQ USAF/RRS, 2304 Cadet Drive Suite 2400, USAF Academy, CO 80840.

Applicants must be less than 23 years old by July 1, 2010, for entry into the Academy or less than 22 years old to enter the Prep School. Applicants must also be unmarried, a U.S. citizen or able to obtain citizenship prior to entry, and they can not have dependents.

The point of contact for LEAD is Col. Chevalier Cleeves, the director of admissions. More information is available at the Admissions Web site, www.academyadmissions.com, and at base education offices.

TriCare suspends requirements for H1N1 shots

Starting Friday the seasonal flu vaccinations will be available for all eligible beneficiaries at two locations, 10th Medical Group Immunization Clinic or at the Pediatric Clinic located in the community center.

TriCare Prime enrollees may receive the H1N1 vaccine, when it becomes available, from any network or non-network TriCare authorized provider without a referral or an authorization from now until April 30, 2010.

The immunization clinic where you are enrolled will need the following information to complete your medical record:

- The vaccine type
- The date the vaccine was given
- The name of the provider/office
- Please ensure the provider you go to is TriCare-authorized, or the price of the visit and the care you receive will not be covered.

Please wait 30 days after receiving the seasonal flu shot before getting the H1N1 vaccine.

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Academy receives bust of WWII, Korea ace at dedication ceremony

By Academy Spirit Staff

Relatives of World War II and Korean War ace Col. Francis “Gabby” Gabreski, including the vice commander of Air Force Materiel Command, came to the Air Force Academy Sept. 30 to take part in a ceremony dedicating a bust to the Air Force legend.

“Gabby’s” son, retired Col. Don Gabreski, Lt. Gen. Terry Gabreski, and Chester Lipinski were among the guests at the event.

Mr. Lipinski was one of the principal organizers behind the statue dedication, according to Academy historian and museum specialist Paul Martin.

Colonel Gabreski joined the U.S. Army Air Corps in July 1940, training at Parks Air College and later at Gunter Army Air Base and Maxwell Field in Alabama. He graduated from Maxwell in March 1941. During World War II, he fought with the 315th Squadron and the 56th Fighter Group before being captured by the German army. In July 1951, Colonel Gabreski began flying an F-86 Sabre in the Korean War. Less than a year later, he recorded his fifth kill, making him the first of only a few pilots to become aces in two wars. He retired in November 1967, having flown more combat missions than any other American fighter pilot. He died Jan. 31, 2002, in Huntington Hospital on Long Island, N.Y.

Remains of Gabreski, including the vice commander Gabreski joined the U.S. Army Air Corps in July 1940, training at Parks Air College and later at Gunter Army Air Base and Maxwell Field in Alabama. He graduated from Maxwell in March 1941. During World War II, he fought with the 315th Squadron and the 56th Fighter Group before being captured by the German army. In July 1951, Colonel Gabreski began flying an F-86 Sabre in the Korean War. Less than a year later, he recorded his fifth kill, making him the first of only a few pilots to become aces in two wars. He retired in November 1967, having flown more combat missions than any other American fighter pilot. He died Jan. 31, 2002, in Huntington Hospital on Long Island, N.Y.

Medals

From Page 1

month-long cultural immersion visit when they spotted a man and two women in distress while swimming at the Santa Clara Beach in Panama City. The swimmers were struggling against a strong rip tide current that was quickly pulling them out to sea.

The trip officer-in-charge and the four cadets swam to rescue the swimmers, pulling them out to sea.

Both Cadet Foote and Cadet Rowe have swam competitively since they were 8. Cadet Rowe said this was not the first time he had saved a life: he had pulled a child out of the water while lifeguarding during his high school years.

“What I did was a gut reaction and I believe any cadet in that situation would have done the same thing as me,” said the economics major from Greecy, Colo. “I feel like what I did was dependent on the circumstances of place and time. I just happened to be at the right place at the right time, and I knew how to swim.”

Cadet 2nd Class Bryan Koenig said he found himself a bit surprised to receive the medal.

“We didn’t know we were getting a medal until about 30 minutes before we were on the staff tower,” said the computer science major with Cadet Squadron 2. “I was very excited, and still am, to have received such a prestigious award.”

The Simi Valley, Calif., native vividly recalls bringing one of the Panamanian swimmers to shore.

“I was focused in the moment, using Spanish to try and keep her calm while asking her to continue kicking,” he said. “After I brought her up on shore, she turned and said ‘Thank you’ in English. That’s when I realized the full impact of what had just occurred.”

Here too, fate may have been at work, the cadet said.

“I have always been fortunate enough to grow up close to the ocean,” Koenig said. “In Florida for nine years and California for eight more years, I have always been in and around the ocean and have a general awareness. When someone else is in danger, you don’t think twice about what you’re doing. You just want to help them.”
Granular form of deicer is applied from broadcast feet behind all snow removal equipment. When the weight of the compacted snow rolling off the plow blade and clear it from the roads. The operators must travel at specific speeds to cast the snow equipment. Always turn your headlights on. Snow plow operations must travel at specific speeds to cast the snow from the plow blade and clear it from the roads. The weight of the compacted snow rolling off the plow blade could damage your vehicle, so please stay at least 100 feet behind all snow removal equipment. When the granular form of deicer is applied from broadcast spreaders, the sand-like material can also damage your vehicle if you try to pass or if you’re following the snow plow too closely. Vehicles that become inoperative should be moved as far from the road edge as possible, have their emergency flashers turned on and be removed as soon as possible. Do not leave vehicles on road shoulders, dirt or grassy areas, as they could become buried in snow if the bad weather persists. Never drive onto a road blocked by a closed snow gate; that is extremely dangerous. Even though it’s closed, expect any other vehicles in the area.

Prior to forecasted storms, snow removal crews will plow too closely. During night clearing operations, major roads may not receive the same attention as the emergency access roads, so please stay on the emergency access roads or snow routes whenever possible. All other remaining roads will be cleared within 24 hours after each snowfall. As you drive around the base, you will notice that snow route signs and snow gates are in position. These are designed to guide you through the safest parts of the base during adverse weather. Please familiarize yourself with the attached map displaying the snow removal priorities. Emergency access or snow routes will normally be kept open 24/7. Other major roads will be open by 5 a.m. and maintained until 10 p.m., unless weather dictates otherwise.

Visibility during winter winds and snow events can be very difficult for snow removal operators and other motorists; posing major safety concerns throughout the Academy. Never jog or bicycle on roads during snow removal periods. Plow operators have had accidents in years past due to hard braking to avoid runners and bicyclists on roads and shoulders. Parking lots will primarily be plowed at night until they are cleared. If snowfall occurs during the day, snow crews will attempt to maintain safe routes into and out of parking lots. Overall, parking lot clearance during the day is limited because of parked cars. Members departing the Academy will be released to local radio and television stations through Public Affairs. Please tune into your local radio or television stations to listen for updates regarding Academy road conditions during inclement weather. Call the Academy recorded road conditions line at 333-2800 or the USAFA Command Center automated notification center at 333-6249. During adverse weather, speeds on Interstate 25 can go from the speed limit to 25 mph very quickly when visibility or pavement conditions have deteriorated; the same applies on the Academy. Similarly, motorists should increase their following distance because of the reduced friction on road surfaces. Most of all, don’t be in a hurry. Allow yourself enough time to get to and from your destination, and above all, be patient.

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FalconSAT-5 receives main payload

The Air Force Academy's newest satellite, FalconSAT-5, is nearing completion in the Astronautics Laboratory, highlighted by the Sept. 25 arrival of the satellite's main payload, the Space Plasma Characterization Source.

When Space Plasma Characterization Source -- better known as SPCS -- integration is complete, FalconSAT-5 will begin a series of rigorous system tests before it is shipped to the Kodiak Launch Complex, Alaska, for a scheduled launch May 28, 2010.

"It's great to see the satellite coming together in our lab," said Col. Marty France, head of the Department of Astronautics. "More than 100 cadets and faculty members have put enormous effort into the program over the last three years. This is as real-world as it gets: the Air Force is counting on the FalconSAT team to deliver a satellite on schedule, capable of performing a very sophisticated mission and delivering important data to the Air Force Research Laboratory and our own research centers. We still have a lot of work ahead of us, too, before we get to launch and operations."

While FalconSAT-5's "fit checking" was completed in the Astronautics Lab, cadets in the program provided the latest updates to the Space Test Program at their Payload Readiness Review Sept. 29. Cadets 1st Class Clark Beesemyer, Berkley Davis, Rex Pearce and Matt Lipscomb, accompanied by Space Systems Research Center director Lt. Col. Tim Lawrence, outlined test plans and delivery schedule for FalconSAT-5 with STP director Col. Stephen Hargis. Their plans were accepted, and the team earned praise for their hard work from the entire STP leadership.

"I am amazed by these cadets. I wish I had them working for me now," said Colonel Hargis, the STP-S26 team earned praise for their hard work from the entire STP leadership.

Space Plasma Characterization Source (SPCS), and the Radio Frequency Signal Strength. This suite of experiments will measure the local ionosphere, stimulate the local space weather environment and measure the subsequent changes, and evaluate ionospheric effects on radio frequency signals for communication impacts.

FalconSAT-5's fit check with its main payload, the Space Plasma Characterization Source.

The $11-million FalconSAT-5 mission is sponsored by the AFRL, headquartered at Wright-Patterson AFB, Ohio. Its mission is to perform space weather measurements with on-board sensors in collaboration with remote ground sites. The onboard payloads include the iMESA and WISPERS sensors, which measure low and high energy ion densities, an off-the-shelf plasma source (SPCS), and the Radio Frequency Signal Strength. This suite of experiments will measure the local ionosphere, stimulate the local space weather environment and measure the subsequent changes, and evaluate ionospheric effects on radio frequency signals for communication impacts.

FalconSAT-5 is a secondary payload on the STP's S26 mission, scheduled for launch on an Orbital Sciences Minotaur IV — a modified Peacekeeper ICBM — on May 28, 2010. After launch, FalconSAT-5 will be monitored and controlled by cadet operators from the Michael W. Wynne Space Operations Center at the Air Force Academy.

Design work on FalconSAT-5 began almost three years ago while FalconSAT-3 was undergoing preparations for its March 2007 launch from Cape Canaveral Air Force Station, Fla. With the classes of 2007 through 2009 along with their faculty mentors from several academic departments and the Academy's Space Systems Research Center and Space Physics and Atmospheric Research Center, completed key design, engineering, and prototype testing milestones in preparation for final construction and testing that began during the 2008-09 academic year. The Class of 2010 must complete assembly of the satellite and prepare for satellite system testing at Kirtland Air Force Base, N.M., and Edwards AFB, Calif., in coming months.

Building on more than a decade of experience designing, building, testing, launching, and operating small satellites, FalconSAT is one of the Academy's most advanced and sophisticated missions. The spacecraft bus, with all the supporting subsystems, is designed, built, and tested to meet the requirements of real-world Department of Defense payload and mission requirements.
Falcon Eyes Update

In addition to already improving the appearance of construction sites around The Academy, the 10th Air Base Wing overhauled the way gates look and are manned during events. “Go Falcons” stop sign covers, welcome signs, and the absence of many unnecessary orange cones throughout the base have fans cheering for things other than the Falcons on game days.

Academy personnel are encouraged to keep their eyes open for other areas and services that can use some tidying up.

“There are lots of Air Force bases...but only one Air Force Academy,” said Col. Rick LoCastro, 10th Air Base Wing commander. “Our installation is the premier base in the Air Force and we need to ensure that it continues to look as special as it is.”

“Everyone can make a difference in improving our base appearance,” Colonel LoCastro added. “If you see something you’re not proud of—raise your hand and say something...or just fix it.”

Keep your Falcon Eyes open and continue to watch the Academy Spirit for further improvements to your Air Force Academy.

Command post Airmen key to ops success

By Staff Sgt. Daniel Martinez
506th Air Expeditionary Group Public Affairs

Editor’s Note: Sergeant Martinez is deployed from Schriever Air Force Base in Colorado Springs.

KIRKUK REGIONAL AIR BASE, Iraq (AFNS) — Whether setting alarm conditions, relaying weather information or responding to emergency notifications, command post Airmen play a vital role in virtually every base operation.

“Basically, we’re the eyes and ears of the commander and the nerve center of the base,” said Master Sgt. Vanessa Trujillo, 506th Air Expeditionary Group command post superintendent.

This means command post personnel must be able to work with numerous agencies and know how to perform several jobs, Sergeant Trujillo added.

“We’re responsible for flight following the aircraft that come in and out of Kirkuk Air Base,” she said. “If the aircraft experiences maintenance problems and the crew has to remain overnight, we coordinate with higher headquarters and provide the logistical support needed.”

Command post Airmen also give the initial notifications for the response teams, including the fire department, security forces and explosive ordnance disposal team, as well as posturing the base in the appropriate alarm conditions during base attacks.

“When there is something significant on the base, we’re the focal point for that — the nerve center,” Sergeant Trujillo said.

Working behind the scenes, the Airmen compile information from various base agencies and ensure it flows to the appropriate people, including those at the top.

“The most important aspect of our job is to keep the commander informed,” said Senior Airman Allyson Youngman, a 506th AEG command post controller.

“Anything that happens with flight operations or any personnel, we make sure he knows what’s going on.”

The command post team takes center stage when an urgent message needs to be communicated immediately. It accomplishes this by using a network of loud-speakers around the base, known as “the giant voice.”

“When the base is threatened, we get on the giant voice to let people know they are in danger and to take appropriate actions,” said Staff Sgt. Todd Leach, another command post controller.

“When I get on the giant voice it’s validating my purpose here.”

A purpose that is often overlooked is the significant role they play in vital to the base.

“Our job is important because we have everything to do with what goes on,” said Airman Youngman. “If something happens, we know who to notify and who to get out there to respond to the situation.”
Asian Pacific Market

Fresh Asian Produce and Meats Available Every Day!

Asian Pacific Market, located at 615 Wooten Road Suite 160, Colorado Springs, CO 80915, is proud to announce its 1st Year Anniversary and to partner with Springs Rescue Mission for fundraiser during the event as part of the short of food, clothes, and toy donations.

- Featuring Dragon and Lion Dances performance
- Universal Kempo Karate Demonstrations
- Cooking Demonstrations & Much More

Contributors will become eligible for a $100 grand prize drawing.

615 Wooten Rd. Suite 160
Phone 719-573-7500
FAX 719-596-5195
M-F 9 a.m. - 8 p.m.
Sat-Sun 9 a.m. - 7 p.m.
email: asianpacificmarket@gmail.com

1st Year Anniversary Celebration on Saturday, Oct. 10th

TriCare Prime offers off-base routine eye examination benefit!
No out-of-pocket cost for an eye exam for glasses!
- Active-duty dependents are eligible once per year.
- Retirees and their dependents are eligible once every two years.

The doctors next to LensCrafters are contracted Tricare Prime Providers. They offer three convenient Colorado Springs locations for eye examinations with appointments Monday through Saturday. No more waiting for an appointment on base.

TriCare Standard, TriCare Reserve and TriCare for Life also accepted. Prescriptions may be filled anywhere. Contact lens management available for additional cost, call for program details.
The Department of Defense announced details for the temporary expansion of the Homeowners Assistance Program Sept. 30. Using $555 million in funds from the American Recovery and Reinvestment Act, this program is designed to partially reimburse eligible military personnel, surviving spouses and federal civilian employees whose service to the nation has required them to relocate and sell their primary residence at a loss.

Potential eligible personnel include:
- Active and former service members of the Army, Navy, Marine Corps, Air Force, and Coast Guard;
- Civilian employees of the DoD, Coast Guard, and non-appropriated fund activities; and
- Surviving spouses of fallen service members and civilian employees.

Potential eligible personnel who have sold a primary home for a loss or are considering selling their home are encouraged to visit the DoD HAP Web site (http://hap.usace.army.mil) to check specific program criteria and, if eligible, apply online.

The DoD HAP has been providing financial assistance to military personnel and DoD civilians since 1966, mainly at base realignment and closure sites where government action caused a decrease in market home values. While the HAP expansion is not designed to pay 100 percent of losses or to cover all declines in value, it can help protect eligible applicants from financial catastrophe due to significant losses in their home values.

Supporting military families is one of administration’s highest priorities and includes leadership and engagement by Michelle Obama and Jill Biden. In February 2009, the Congress provided ARRA funding for a temporary expansion of the HAP to address unique economic pressures faced by military personnel who are forced to relocate during these unusually adverse housing market conditions. After conducting an extensive analysis to determine how best to prioritize the finite funds available while maximizing assistance to as many people as possible, the DoD developed specific eligibility criteria designed to take care of people in the greatest need. These program details have been published in the Federal Register and are now available for public comment.

ARRA funding allows the DoD to temporarily expand HAP to partially reimburse losses from the sale of a primary residence in the following priority order:
1. Homeowners wounded, injured, or ill in the line of duty while deployed since Sept. 11, 2001, and relocate in furtherance of medical treatment;
2. Surviving spouse homeowners relocating within two years after the death of their spouse;
3. Homeowners affected by the 2005 BRAC round, without the need (which existed under previous law) to prove that a base closure announcement caused a local housing market decline; and
4. Service member homeowners receiving orders dated on or after Feb. 1, 2006, through Dec. 31, 2009, for a permanent change of station move. The orders must specify a report—no-later-than date on or before Feb. 28, 2010, to a new duty station or home port outside a 50-mile radius of the service member's former duty station. These dates may be extended to Sept. 30, 2012, based on availability of funds.

Each of these general categories has more specific eligibility requirements which have been updated at the DoD HAP Web site, http://hap.usace.army.mil. The U.S. Army Corps of Engineers executes the program for all the military branches. HAP administrators will immediately start processing applications.

The purpose of the athletics certification program is to help ensure integrity in the institution’s athletics operations. The program opens up athletics to the rest of the university/college community and to the public. Institutions will benefit by increasing campus-wide awareness and knowledge of the athletics program, confirming its strengths and developing plans to improve areas of concern.

The committee responsible for the study will include General Gould, Dean of Faculty Col. Thomas Yoder, various members of the institution’s faculty and staff, as well as athletics department personnel. A member of the NCAA membership services staff will conduct a one-day orientation videoconference with the committee and its subcommittees early in the process.

Within each area to be studied by the committee, the program has standards known as operating principles that were adopted by NCAA members to establish benchmarks by which all Division I members are evaluated.

When Academy officials have concluded their study, an external team of reviewers will conduct a three-day evaluation visit on campus. Those reviewers will be peers from other colleges, universities or conference offices. The peer-review team will report to the NCAA Division I Committee on Athletics Certification. The committee will then determine the institution’s certification status and announce the decision publicly. For institutions that fail to conduct a comprehensive self-study or to correct problems, sanctions could be imposed.

The three options of certification status are: certified; certified with conditions and not certified. While institutions will have an opportunity to correct deficient areas, those institutions that do not take corrective actions may be ruled ineligible for NCAA championships.
Lamoureux scores two in 3-1 win over Calgary

By Dave Toller
Athletic Communications

Jacques Lamoureux scored two goals as Air Force beat the University of Calgary 3-1 in an exhibition college hockey game Monday at the Academy's Cadet Ice Arena.

Lamoureux, who led the nation in goals last season, opened the scoring at 3:46 of the first period. His goal from Derrick Burnett and Aaron Richards. Calgary pulled its goalie from the net with 35 seconds left and the Falcons capitalized. Scott Koelkl cleared the puck to center ice and Paul Weisgarber fed Blake Page for a 2-0 lead at 16:50 on the power play. Burnett and Tim Kirby assisted on the play as Lamoureux scored on a wrist shot from the bottom of the right circle.

The Dinos made the game interesting late in the third period when Dan Ehrlen scored from the bottom of the left circle from Torrie Wheat and Aaron Richards. Calgary pulled its goalie from the net with 35 seconds left and the Falcons capitalized. Scott Koelkl cleared the puck to center ice and Paul Weisgarber fed Blake Page for an empty-net goal with seven seconds left.

Air Force out-shot Calgary 27-24 in the game. The Falcons were 1-2-1 on the power play while Calgary was 0-for-3. Goalie Andrew Volkening was quietly brilliant in net, including 11 in the third period. Three different goaltenders played for Calgary. Nathan Deobald started and made three saves while allowing a goal. Jeff Weber played the second period and allowed one goal on 10 shots. Dustin Butler played the third period and stopped all 12 shots he faced. "Calgary was impressive, but we played our third game in three nights. They are a classy bunch of guys and gave us a good game," head coach Frank Serratore said. "We have to get better in some areas. There are always little things you can improve on. This game gives us a point of reference on the things we need to improve on before we go to Bemidji. Andrew Volkening was quietly brilliant tonight. There were several flurries when they could have scored. Our top line scored two goals. Our best players were our best players and that is how it is going to have to be for us to be successful."

Air Force opens the regular season on the road, Oct. 9-10 at Bemidji State in Bemidji, Minn.

Air Force senior forward Brett Nylander checks Calgary's Brock Nixon. Nylander is a native of Baudette, Minn.

Air Force junior forward Jacques Lamoureux scores one of his two goals against Calgary during the Falcons-Dinos exhibition game at the Cadet Ice Arena Monday. Air Force won the match 3-1 and will play its first game of the regular season at Bemidji State in Bemidji, Minn., today.

2009-2010 Air Force Falcons Hockey Schedule

<table>
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<tr>
<th>Date / Opponent</th>
<th>Location</th>
<th>Score</th>
</tr>
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<tbody>
<tr>
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<td>USAFA</td>
<td>3-1</td>
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<tr>
<td>11/05/09 vs. American International</td>
<td>USAFA</td>
<td>0-0</td>
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<tr>
<td>11/09/09 vs. Merrimack</td>
<td>USAFA</td>
<td>4-3</td>
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<tr>
<td>11/12/09 at Connecticut</td>
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<td>0-0</td>
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Navy overtakes Falcons with overtime field goal

ANNAPOLIS, Md. — Air Force faced a devastatingly close overtime loss to Navy Saturday at the Navy-Marine Corps Memorial Stadium in Annapolis, Md.

In spite of a great effort, the Falcons could not answer the Midshipmen's overtime field goal and fell 16-13.

Air Force running back Savier Stephens led the team with 81 rushing yards, setting the Air Force up for two field goals scored by sophomore kicker Erik Soderberg.

“We didn't score enough points, period,” said Falcons head coach Troy Calhoun. “If you don't win the game, there's plenty of work to do. There's always plenty of work to do anywhere.”

Falcons comeback Anthony Wright scored Air Force's only touchdown with a 67-yard interception return in the second quarter.

“I like what we were doing on defense,” coach Calhoun said. “We've got a lot of really capable guys on that side.”

Both teams played a tough game that went into overtime thanks to a Falcon field goal with no time left in regulation. The Midshipmen took the field in overtime and marched down to kick a 38-yard field goal to put the Navy up by three. Air Force then took their turn in overtime and moved the ball down to attempt a 13-yard field goal. Soderberg's kick sailed wide left to end the game.

In the emotionally charged, tied fourth quarter, Air Force fans, cheerleaders, players and coaches alike were on their toes, praying for an upset.

"It's unbelievably tough,” said Academy senior John Falgout. “This was one of those games where you give your blood and your sweat and sometimes, in the end, even your tears.”

"By and large, physically it was an extraordinary football game,” Coach Callahan said.

Though the Navy has won seven straight games in the series, the Falcons still lead the overall series 25-17.

"It's a heartbreaker,” said Academy senior Ben Garland. “But we've just got to put this behind us and get ready for the Mountain West (Conference) next week.”

The Falcons fall to 3-2 on the season and 2-0 in the Mountain West Conference. The Falcons return to the gridiron Saturday against conference foe Texas Christian University, which is 4-0 overall and ranked 10th nationally in the Associated Press Top 25. Kickoff is 5:30 p.m. Mountain Standard Time.

Air Force junior forward Jacques Lamoureux scores one of his two goals against Calgary during the Falcons-Dinos exhibition game at the Cadet Ice Arena Monday. Air Force won the match 3-1 and will play its first game of the regular season at Bemidji State in Bemidji, Minn., today.

Falkos running back Asher Clark runs the ball against Navy Saturday at Navy-Marine Corps Memorial Stadium in Annapolis, Md. The Midshipmen won 16-13 with a field goal in overtime. Navy has won the past seven matchups between the two schools, but the Air Force leads the overall series 25-17.

By Airman 1st Class Katherine Windish
11th Wing Public Affairs
Four fencers win titles at the Amarillo Open

By Madeline McGuire

A senior defensive lineman for the Air Force Academy's Falcons football team will be featured on Inside Academy Football" a 30-minute CBS College Sports Network program that debuts tonight from 5:30 p.m. Mountain Standard Time.

The segment on Senior Ben Garland was filmed the week of Sept. 21 and includes shots of him attending class, eating meals at Mitchell Dining Hall and engaging day-to-day activities such as doing homework and performing squadron duties.

Interviews with Garland's coaches, teammates, classroom instructors and air officer commanding will also be included in the segment, interspersed with shots of the Grand Junction, Colo., native at football practice.

Garland and the current senior class are scheduled to graduate May 26, 2010.

"Inside Academy Football" is billed as "exploring how the players' sport intersects, enriches and informs their lives as officers-in-training for the United States military...(and) delving into the tradition and meaning of football at Army, Navy and Air Force."

The program will highlight a player from each of the nation's service academies as a prelude to the Saturday night game. Each team will play as part of a tripleheader which culminates the CBS-C's Saturday night game. Each team will play as part of the nation's service academies as a prelude to the football practice.

The Air Force Academy will play TCU on the Academy's home field, Falcon Stadium, with kickoff scheduled for 5:30 MST.

Women's soccer

The women's soccer team played at TCU Thursday and will play at New Mexico Saturday.

Air Force dropped its lone match last week, losing to Wyoming at home 3-1. Stephanie Patterson scored seven minutes into the match to give the Falcons an early lead but didn't score again as Wyoming rallied.

Golf

The Air Force golf team captured first place at the Service Academy Golf Classic, held at The Courses at Andrews Air Force Base, Md., Monday and Tuesday, with junior Kyle Bailey winning medalist honors.

The Falcons' team score of 1093 (+13) beat Army (1116), Navy (1127) and the Merchant Marine Academy (1408). Bailey, a native of Austin, Texas, shot a three-round total of 211, including a career-low 65 that was also the low round of the tournament.

Volleyball

The Air Force volleyball team dropped a 3-0 decision to New Mexico in Mountain West Conference action Saturday in Albuquerque, N.M.

After dropping the first set 25-7, the Falcons fought hard but ultimately lost the following sets 25-22 and 25-20.

The Falcons were 8-9 on the year heading into a scheduled match against Wyoming at Clune Arena Thursday.

**Fire prevention for kids**

The Academy Fire Department’s fire prevention show goes on the road today, hitching up the USAFA Fire Prevention Trailer for the Falcon Youth Center at 1 p.m.

The presentation starts off with a fire prevention video called the Smoke Alarm show, highlighting how smoke detectors work and what to do when you hear one sounding in your home.

Children will then visit the Fire Prevention Trailer, which simulates smoke-filled room conditions, to show what children should do to find a secondary means of escape and the importance of crawling low beneath the smoke to get out.

The window of the trailer acts as the secondary means, and children can climb down a fire escape ladder to safety.

**AFSA picnic**

The local AFSA Chapter will have a picnic at the Milazzo Center Oct. 13 from 1 to 4:30 p.m., for current and prospective members. Cost is free for AFSA members and $3 for non-members. For more information or to attend, contact Master Sgt. Timothy Frison at 333-5463, Senior Airman Damien Jenkins at 333-5162 or Airman 1st Class Richelle Hutto at 333-5200.

**CFC Fundraiser**

The 10th Air Base Wing will hold a car wash and chili cook-off to benefit the 2009 Combined Federal Campaign. A donations-only car wash will be held today from 9 a.m. to 2 p.m. at the Parley E. Chenoweth Center at 5150 Community Center Drive. Volunteers are needed; no experience is required. The chili cook off is set for 11 a.m. to 1 p.m. Oct. 29 in the Milazzo Center Ballroom. Vote for your favorite chili while listening to the talented 10th ABW karaoke singers.

Donations at either event can benefit a specific CFC organization or go toward the CFC programs. Contact Diana Thrasher at 333-8264 or diana.thrasher@usafa.af.mil for more information.

**Trick or Treat**

Academy resident and Air Force dad, Tom Piña, is developing a map of both Doughs and Pine Valleys to show kids where they can trick-or-treat on the Academy this year. The goal is to have 15 to 30 homes in each valley participate.

In order to make the map, Mr. Piña is looking for people who will hand out candy. Other activities are also encouraged. Mr. Piña is doing a haunted carrot. Whatever it is, let him know, and he’ll put that on the map, too.

Scheduled timing for trick or treating is as follows: 5 - 6 p.m. while still daylight for the younger kids and 6 - 8 p.m. for all others. Those interested in participating should e-mail usafa/halloween/2009@comcast.net before Oct. 28. The final map and all updates can be found at: http://usafa/halloween/2009.blogspot.com

**Boo at the Zoo**

Cheyenne Mountain Zoo offers kids entertainment with this year’s Boo at the Zoo, Oct. 16-18 and 23-25 from 5:30 to 8 p.m. each night. Candy will be available at more than 20 spooky treat stations, and select animal exhibits will be open, including the Rocky Mountain Wild exhibit, the Zoo’s famous giraffes, hippos, Monkey Pavilion and Lion’s Lair.

The popular haunted fun house and the ghostly graveyard both return this year to offer frightful fun for all members of the family. At the entry to Rocky Mountain Wild, the Lodge at Moose Lake will feature education interpreters providing an entertaining introduction to Spooky Zoo creatures for multiple shows each evening. Tickets are sold each night of the event at the Zoo only.

Admission is $15 for kids ages 3-65 and free for those under 3 or over 65. Zoo member admission is only $9. No passes or coupons will be accepted.

**Coffin race**

The Emma Crawford Festival will be held Oct. 24 from 9 a.m. to 3 p.m. downtown Manitou Springs.

Ms. Crawford, who died in 1891, is remembered in this annual festival. She was buried on Red Mountain near Manitou Springs, but stormy weather washed her remains down the side of the mountain.

The festival remembers her with a light-spirited race wherein participants race coffins and a stand-in for the late Crawford down the city’s historic district.

The race is followed by a parade.

Registration for the race begins at 10 a.m. on the day of the event. For more information about the festival, contact the Manitou Springs Chamber of Commerce and Visitors Bureau at 685-5089 or go online at www.manitousprings.org.
“MY GRANDFATHER WAS A LT. COLONEL IN THE U.S. ARMY. BEFORE HE PASSED AWAY, HE WOULD SAY HIS GREATEST GIFT TO HIS FAMILY WAS ACCESS TO USAA.”

— Brian Johns
Facebook, April 21, 2009

No wonder families hand down USAA membership like an heirloom. We’ve been one of BusinessWeek’s top two “customer service champs” the last three years running, we have the highest auto insurance customer retention rate in the industry and members can save an average of $525 a year on auto insurance. All of which inspires members like Brian to take the time to write about us on Facebook. USAA. Recognized by BusinessWeek and recommended by Brian Johns.