Grads lead Discovery shuttle mission

The final flight for the Space Shuttle Discovery took off Thursday afternoon

John Van Winkle
Air Force Academy Public Affairs

Three Air Force Academy graduates are leading the Space Shuttle Discovery on its last mission into space.

Discovery launched Thursday at 2:53 p.m. Mountain Standard Time, from Cape Canaveral for NASA’s STS-133 mission.

Half of the STS-133 mission crew are Air Force Academy graduates. Retired Col. Steven Lindsey is mission commander, while Col. Eric Boe is the pilot and retired Col. Alvin Drew is one of four mission specialists. The crew is rounded out by Navy Capt. Stephen Bowen, Michael Barratt and Nicole Stott.

Colonel Lindsey is a 1982 graduate of the Air Force Academy, who majored in engineering science at the Academy. He is Discovery’s commander for this mission. He has 6,500 flying hours in more than 50 aircraft. A veteran of four spaceflights, he has logged more than 1,203 hours in space.

Colonel Boe is a 1987 graduate of the Air Force Academy, and majored in engineering science at the Academy. He has logged more than 1,203 hours in space and has been on four spaceflights.

New lessons for a new era

By Leslie Fainton
Air Force Academy Public Affairs

What matters more, the power of the Minuteman missile system or the Airmen who sit at the controls? Would the United States have won the space race with the Soviet Union if Sputnik never happened? Would the current level of airport security exist if it wasn’t for the attacks of September 11?

These are a few of the questions facing the modern military, the modern day Air Force, and for cadets first class in a new Air Force Academy course, Military and Strategic Studies 416, Contemporary Joint Operations: Strategy and Technology.

According to Lt. Col. Steven Pomeroy, the director of curriculum integration for the department of military and strategic studies, this course was brought about to bridge the gap between the old definition of the military and that of the future.

Throughout the semester, the class will study models of military reform and innovation with an eye toward shaping the military to the security challenges of the contemporary and future strategic and operating environments.

This course asks cadets to realize, “behind every piece of technology is a whole range of human faces, intellects and emotions,” Lt. Colonel Pomeroy said.

Prior to this year, the only course that fulfilled the core requirement for first year cadets was MSS-400. Now with the addition of MSS-416 and MSS-415, the cadets have more options. MSS-415 is a similar course but instead focuses on military strategy from a global, regional perspective.

According to a few cadets, the MSS-416 course offers a more modern approach to the topics of technology, strategy, and warfare than other offerings in the department. It also offers a challenge that they seem to enjoy so far.

“I’m a fuzzy major, management, so it’s good to be in this course and discuss technology,” said Cadet 1st Class Patrick Livingstone.

“I like taking MSS classes because I think it is important to have a good understanding of the outside world we are going in to,” said Cadet 1st Class Patrick Livingstone.

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Think about the fundamental principles of mentorship

Commentary by Col. James Mizer
Air Force Development Office

WASHINGTON (AFNS) — Think back to when you were young and struggling to get accustomed to your new high school, and along comes the dreaded “finals week.” Facing four or five major tests in a row, you broke out into a cold sweat.

But then you talked to an older sibling or friend who helped guide you through your study preparation and gave you some test-taking words of wisdom. Next thing you knew, you’d successfully gotten over that hurdle, and the next year, you were the one providing the sage advice. Simply put, you succeeded, and in turn, helped others succeed, thanks to mentorship.

This interactive process happens all the time -- advice about how to buy a new car, how to write a good paper or how to cope with personal challenges -- we all rely on mentorship to help us through life’s ups and downs. We rely on mentorship to help us succeed.

For this reason, mentoring is a fundamental responsibility of Air Force leaders. Mentors ensure all individuals under their leadership are personally and professionally developed so they can achieve their personal and organizational goals and ultimately strengthen the Air Force and our Airmen.

To help you get started, Air Force officials established a web-based mentor network in My Development Plan (MyDP) located under the Education/Training/Force Development heading on the left-hand side of the page (MyDP > Mentoring > Related Documents > Mentoring Plan).

Schedule a meeting with your mentor, come with your mentoring plan filled in and use it to stimulate discussion. By covering mentoring expectations, career goals and indicators, competency proficiencies and measurable benchmarks, you’ll find that much of the uncertainty about the road ahead, just like finals week, will not seem so looming.

But this is only the first step. Mentorship is not a one-time deal. Both sides of the mentoring relationship need to stay engaged with each other, sharing experiences and changes that will inevitably influence goals and milestones. In this manner, an enduring and trusting relationship can be built. A guiding principle here is open and honest dialogue, especially when discussing expectations and developing roadmaps to success. Mentors must challenge you, and not just tell you what to do.

Likewise, you must challenge your mentor to provide you with informed and factual information, as well as sage advice. Ultimately, successful mentoring makes you a better Airmen and provides you with tools that will transcend specific issues and allow you to extend the learning to new situations.

Being able to adapt and cope with new stresses and situations is one of the foundations of being a resilient Airmen. Since we’ve all achieved various levels of success and overcome many obstacles, what better way to help your wingman than to be a mentor.

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Headquarters Section Commander

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"When I was a freshman, we stole a skeleton from the bio lab, and put the cadet wing commander’s uniform on it with a sign that said ‘greet me’.
Cadet 1st Class Peter Horban, Cadet Squadron 10

“It’s the ultimate study countdown. The best part is just knowing that it’s almost over.”
Cadet 3rd Class Alex Tobe, CS 10

“After it was over, we decided to go out and celebrate in Denver. We went to our buddy’s house, but we sat down on the couch and fell asleep instead.”
Cadet 2nd Class Bradley Kusel, CS 21

It was a lot of fun to just get to it, actually do it.”
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Friday February 25, 2011

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Engineering without borders

By David Edwards
Academy Spirit Staff Writer

Of all the things engineering leaders at the Air Force Academy hope their students will build someday, relationships in the developing world are among the most important.

That sense of humanitarianism has given rise to a new class introduced to cadets this semester. Nine of them are taking part in the maiden voyage of Engr 495, taught by Maj. John Christ.

“The goal is for students to recognize the influence of local society and cultural relevance, to include their own cultural bias, in their selection of engineering remedies,” Major Christ said. “By recognizing the importance of culture and society on engineering solutions, they’re less likely to impose a Western solution at a location where that solution is unsustainable.”

For that reason, the course is part sustainable engineering and part international relations. For example, cadets study topics such as electricity without carbon, the downstream ecological effects of dams and principles of green engineering.

But after that, they will be introduced to things like foreign aid, economic development and nongovernmental organizations, as well as engineering needs specific to the developing world, such as wastewater engineering needs specific to the developing world, such as wastewater.

During his years as a cadet, he traveled extensively and saw firsthand the development gap in countries around the globe. The highlight, though, was his involvement in the Mango Tree Project, a collaboration of five students from various American universities on behalf of the Agahozo-Shalom Youth Village in Rwanda.

The Mango Tree Project was hatched at the 2009 Academy Assembly, when I have the ability to work for equality of opportunity around the world.”

In the course he helped design, he wanted to confront other cadets with those same unfathomable disparities. To young people who have grown up surrounded by the comforts of Western life, basic necessities are taken for granted.

Second Lt. David Pool poses with members of the Agahozo-Shalom Youth Village in Rwanda.

Overcoming the complacency and replacing it with a cultural awareness attuned to each situation is one of the primary lessons Lieutenant Pool sought to impart. “A good sustainable engineering solution is an engineering solution to a social problem,” he said. “So you must take into account all externalities, such as public perception, culture, religion, society, education, etc., and (the) general desire (and) ability to appreciate and maintain a solution.”

The combination of cultural awareness and engineering acumen is intended to enrich the lives of the cadets. But the course is also geared toward future as well. Any number of them may at some point be deployed in a developing country, and they will have to adjust to their surroundings.

This course will allow students to consider alternative sustainable solutions,” Major Christ said. “My goal is that this course will help those that take it perform just a little better in the deployed environment.”

And that’s some social engineering the Air Force Academy can proudly deliver to the ends of the Earth.
Blue Steel reaches out to America’s youth through music

By Gino Mattorano
Academy Spirit Writer

The Air Force Academy Band’s Blue Steel Rock Group hosted a youth concert Sunday at Arnold Hall, featuring the Cadet Orchestra and two youth symphony orchestras. While combining a rock band with a symphony orchestra may seem like an unusual pairing, Blue Steel has been successfully working to reach out to America’s youth through music, and so far, the venture seems to be a hit.

“Combining Rock and Roll bands with orchestras is very popular right now, so this program gives us the opportunity to perform for and with the students,” said Blue Steel’s Master Sgt. Jeremy Laukhus. “As part of our education outreach mission, we’ve been performing with youth symphonies,” he continued. “This was our seventh concert like this, but the first time we brought together three different youth symphony orchestras.”

Sergeant Laukhus is the noncommissioned officer in charge of Blue Steel, and was the architect of Sunday’s concert, which included members of the Academy’s Cadet Orchestra, the Colorado Springs Youth Symphony Orchestra, and the Pasadena Youth Symphony Orchestra, from California.

“The education outreach doesn’t begin and end with the concert,” Sergeant Laukhus said. “We also have several rehearsals and dinners before and after the concerts that give us the opportunity interact more with the kids. It’s especially important for us to reach kids at a young age, because the Academy has very high standards. If we can reach the kids at an early age and impress upon them the importance of keeping their grades up, it gives them a goal to reach and makes their high school experience that much better.”

Including members of the Academy’s Cadet Orchestra gave the middle-school-aged musicians the chance to interact directly with cadets.

“This gives the other students the opportunity to ask cadets questions about life at the Academy, the majors available and helps them to see that even though the person sitting next to them is wearing a military uniform, he’s also a violin player just like they are,” concluded Sergeant Laukhus.

Sarah Biagini, a member of the Pasadena Youth Orchestra, thoroughly enjoyed participating in the event.

“This has been an amazing experience,” she said. “We get to meet other people who have the same goals and love music just as much as we do. Working with the rock band is very different, but they’re all amazing people and musicians, and it’s been great to get to know them and learn from them.”

Blue Steel is a five-piece pop-rock group, made up of members of the Air Force Academy Band, a 50 member organization, whose mission includes troop morale, community relations and education outreach.

ABOVE: Technical Sgt. Julie Bradley, a Blue Steel vocalist, belts out a tune during a concert Sunday at Arnold Hall.

ABOVE RIGHT: Cellists from the Pasadena Youth Orchestra participate in the event hosted by the Air Force Academy Band, a 50-member organization, whose mission includes troop morale, community relations and education outreach.

RIGHT: A percussionist helps keep the rest of the orchestra on beat during Sunday’s Youth Orchestra concert.

PHOTOS BY MEGAN DAVIS
NASA
from Page 1

in Astronautical Engineering at the Academy. He is Discovery’s pilot for this mission. Colonel Boe has more than 4,000 flying hours in more than 45 different aircraft, and was last in space as pilot for the STS-126 mission in November of 2008.

Colonel Drew is a 1984 graduate, who majored in Astronautical Engineering and Physics at the Academy. He is one of Discovery’s mission specialists for this mission, and one of two mission specialists who will participate in extravehicular activity for this mission. He has more than 3,500 flying hours in more than 30 different types of aircraft and logged 305 hours in space as a crewmember of the STS-118 mission. For the STS-133 mission, he will spend 13 hours performing spacewalks outside the station on flight days five and seven.

STS-133 is slated to be the final mission for the Space Shuttle Discovery. This is scheduled to be an 11-day mission, to deliver and install the Permanent Multipurpose Module, the Express Logistics Carrier 4 and provide critical spare components to the International Space Station. This will be the 35th shuttle mission to the station.

The Air Force Academy will also have a role in the next space shuttle mission, STS-134. The Space Shuttle Endeavour is slated for an April Launch, piloted by retired Col. Gregory H. Johnson, a 1984 Air Force Academy graduate. Among the payloads on Endeavour will be a scientific experiment headed to the International Space Station, developed by the Air Force Academy’s Space Physics and Atmospheric Research Program, in cooperation with the Air Force’s Space Test Program.

That experiment is called Canary, which investigates the interaction of approaching spacecraft with the background plasma environment around the International Space Station, and the perturbations in the ionosphere caused by space vehicles.

This instrument is derived from the WISPERs instrument flying on the Academy’s FalconSAT-5. WISPERs is an electrostatic analyzer capable of detecting ions over the range zero to 1,500 electron-volts. An onboard processor and data storage can record up to one gigabyte of data for later retrieval by the Academy.

The CanarY instrument allows one small miniaturized sensor suite to perform an array of plasma monitoring tasks simultaneously. By incorporating a plasma spectrometer, one can investigate spacecraft surface charging, characterize the interaction of spacecraft and the ambient environment, and detect and map significant natural events in the ambient environment. Six of CanarY’s seven sensors can detect ambient plasma in Low Earth Orbit, and all seven sensors can detect higher energy ions in the auroral oval, given an appropriate pitch angle.

The latest information on the progress of the Discovery mission is available online at: http://www.nasa.gov/mission_pages/shuttle/shuttlemissions/sts133/index.html

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Commandant speaks at African-American Heritage luncheon

ARLON AIR FORCE BASE, Tenn. – The speaker at the African-American Heritage Luncheon Feb. 8 at Arnold Engineering Development Center asked the audience if they understood the “why” of what they do.

The event honored African-Americans and the Civil War. Brig. Gen. Richard M. Clark, Commandant of Cadets played clips from the movie “Glory” to illustrate how the first U.S. black soldiers to face combat were not successful until they understood why they were actually fighting.

Following the luncheon at the Arnold Lakeside Center, General Clark talked with AEDC’s newspaper, High Mach about African-American History, the center and how he discovered the importance of knowing his “why.”

HM: What made you think of that concept and could you elaborate about how important it is for us to understand?

General Clark: If you are truly going to be inspired and believe in what you’re doing, then you have to know why you are doing it. You’ve got to understand your purpose or understand your “why.” Otherwise, you may find yourself going through the motions. It’s something that I’ve read about, I’ve heard others speak about, and it’s really hit home with me. It keeps me going everyday. It’s that connection to the “why” – why I’m doing the things that I’m doing, and it helps to inspire me to and put my heart into what I’m doing. It’s my mantra now. “remember my why” – and it has been for several years.

HM: How important do you think these kinds of events in remembrance of African-American history are?

General Clark: I think they’re incredibly important. Not just African-American history, but as we honor different cultures of people across our country, the insight everybody gets from participating in these types of events is vital. It’s something that I’ve read about, I’ve heard others speak about, and it’s really hit home with me. It keeps me going everyday. It’s that connection to the “why” – why I’m doing the things that I’m doing, and it helps to inspire me to and put my heart into what I’m doing. It’s my mantra now. “remember my why” – and it has been for several years.

General Clark: I think we’re definitely moving closer. We still have a ways to go and racism is still out there. I hate to say it, but I believe that’s the truth of the situation. We just have to keep moving in the right direction. I think there are constant signs that we are making progress, and we are most certainly closer than we were in Dr. King’s day and even closer than we were a decade ago. We all need to keep in mind that all must be respected regardless of what they look like or what they believe. It’s all about inclusiveness and understanding, and those are things that are going to make us better.

HM: Is this your first trip to AEDC and what do you think about it?

General Clark: It’s really incredible. I had no idea about African-American Heritage Luncheon February 8 at Arnold Air Force Base.

HM: What is your job and what do the cadets you’ve met think about the quality of cadets coming through the academy?

General Clark: My job is to ensure that the cadets are receiving the proper military training. We have a Dean of Faculty responsible for the academic side. We have an Athletic Director who ensures the physical fitness of the cadets. I’m there for the military piece so that when they leave and become lieutenants they’re prepared to serve in our Air Force.

As far as the quality of the cadets, it’s as high as it’s ever been. They’re more savvy technically, certainly. When you consider that these cadets are signing up for the Air Force Academy while we’re at war, knowing full well that they will have a high probability of being deployed to go fight, it says something about their commitment to their country and their patriotism.

HM: You are not that far removed from being deployed to Iraq yourself. Could you describe your experience there?

General Clark: It was actually a great experience. I worked with the Army, and I was the director of a strategy cell called the Joint Interagency Task Force. We had members from all different agencies: Army, Navy, Air Force and Marines, as well as the Department of State and Homeland Security, FBI and several other interagency partners. We planned big picture strategy issues for the commanding officers. I was honored to work with the people that I had the opportunity to serve with. It changed my life; I had experiences there I’ll never forget, and I was proud and honored to do it.

General Clark: I think we’re definitely moving closer. We still have a ways to go and racism is still out there. I hate to say it, but I believe that’s the truth of the situation. We just have to keep moving in the right direction. I think there are constant signs that we are making progress, and we are most certainly closer than we were in Dr. King’s day and even closer than we were a decade ago. We all need to keep in mind that all must be respected regardless of what they look like or what they believe. It’s all about inclusiveness and understanding, and those are things that are going to make us better.

HM: Is this your first trip to AEDC and what do you think about it?

General Clark: It’s really incredible. I had no idea of the details of your mission or the expansive facilities that you have. The most impressive thing, however, is the expertise among the people on the base. It just is incredible. It’s such a huge resource and a treasure for our Air Force and our country.

HM: You’re the Commandant of Cadets at the U.S. Air Force Academy. What does your position consist of, and what do you think about the quality of cadets coming through the academy?

General Clark: My job is to ensure that the cadets are receiving the proper military training. We have a Dean of Faculty responsible for the academic side. We have an Athletic Director who ensures the physical fitness of the cadets. I’m there for the military piece so that when they leave and become lieutenants they’re prepared to serve in our Air Force.

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Sporting dental disasters

By Christine M. Swanberg
10th Dental Squadron Preventive Dentistry Director

Most people know soft drinks can be bad for their teeth, but many don’t realize that a steady diet of sports and energy drinks can also be a leading cause of tooth decay. The sugar combines with the bacteria in your mouth to form acid which attacks your teeth. Each acid attack lasts for about 20 minutes and each sip will start the acid attack all over again.

Saliva plays a significant role in maintaining oral health and is the body’s natural cavity defense. The worst time to ingest sugary drinks is when you are very thirsty or dehydrated since saliva levels are low during this time. Saliva helps to neutralize acids from these drinks and return the lost minerals to our teeth. However, it takes around two hours to return the level where further damage doesn’t occur.

Consumers often consider soft drinks to be harmless, believing that the only concern is sugar content. Most choose to consume “diet” drinks to alleviate this concern. However, both contain phosphoric acid and/or citric acid and still cause dental erosion. There are no nutritionally beneficial components in soft drinks since they mostly consist of filtered water and refined sugars. Yet the average American drinks about 57 gallons of soft drinks each year.

Always read the nutrition labels— not only for the sugar amount, but the number of servings as well. Most soft, sport and energy drinks contain more than one serving, although people often consume them as one. Multiply the sugar amount by the number of servings. Most servings are in grams. Four grams is equal to one teaspoon of sugar.

The 10th Dental Squadron highly recommends you cut back on the amount of sugar filled drinks you consume and drink water instead. If you do choose to drink sugared drinks, swish water around after you have consumed them. Reduce any other sugar or simple carbohydrates you may be eating like candy, crackers, pretzels and chips, or better yet, consider healthier alternatives.

Every time you snack or sip on sports, energy or soft drinks you are feeding not only yourself but the bacteria in your mouth. Carbonation, sugar and acids in energy, sports and soft drinks weaken tooth enamel and encourage bacterial growth that contributes to tooth decay and erosion. Tooth decay is a very significant problem affecting millions of people worldwide and it remains a global problem even though it is one of the most common and preventable diet-related illnesses.

Energy drinks can cause as much tooth decay as soft drinks; water is always the best way to hydrate.
Cadets call it ‘all in good fun’

By David Edwards
Academy Spirit Staff Writer

While the members of the Air Force Academy’s Class of 2011 were spending their 100s Night finding out where they’ll call home after graduation, their campus “homes” were being lovingly trashed by four-degrees. If afterward the seniors’ dorm rooms looked like they had been the scene of a tornado followed by an all-night bender, well, that was generally considered desirable.

“We had one firstie actually who said, ‘If I have to go to school on Tuesday, I’m going to be mad,’ because he wants his room to be that destroyed,” said Cadet 4th Class Lindsey Johnson of Cadet Squadron 2. “But we’ve been told that if the room that we do is destroyed, that we have to help them clean it up. Which, in all honesty, I don’t care, it’s worth it.”

The things young folks will do in the name of tradition! But considering the stress level cadets endure during their four years, officially sanctioned party time is welcome any day of the week and twice on Sundays.

Cadet Johnson and her squadron mates planned to carry out their dirty deed by means of balloons. Inside the balloons would be cat litter, glitter and other messy-making contents suitable for the occasion. One senior, who had the habit of referring to mistakes in Basic Cadet Training as “sandbagging,” was destined to have his room turned into a flood zone — minus the water.

The four-degrees’ mantra was that the level of destruction reflected on how well-liked the room’s occupant is by the freshmen. Cadet Johnson was intimately familiar with her squadron’s plans.

“Our main goal is to have this whole room probably up to my shoulders in balloons so when they walk in and open the door, all the balloons fall out,” she said. “And we’re also planning on cinder-blocking the front of their door so they honestly don’t even know where their door is. That’s another challenge for them.”

Images from 100s Night are available for viewing at an Academy Facebook page near you. As an added bonus, they don’t cost $19.95 plus shipping and handling.
Women’s basketball drops home contest to Wyoming

Despite keeping it close in the first half, the Air Force women’s basketball team couldn’t get past Wyoming, dropping an 81-57 decision Wednesday in Clune Arena. With the loss, the Falcons fall to 8-18 overall on the season (3-10 in the MWC), while the Cowgirls improve to 20-6 overall, 10-3 in the league.

Sophomore Dymond James led the Falcons with 15 points and seven rebounds, while Alicia Leipprandt added 14 points. Meanwhile, four players scored in double figures for Wyoming, led by seniors Hillary Carlson and Aubrey Vandiver with 23 points each.

The two teams traded baskets throughout the opening period, leading to four ties and 12 lead changes. However, Wyoming pulled away late in the first half as Ashley Sickles knocked down three-pointers on three consecutive possessions, as the Cowgirls went into the intermission with a 32-28 advantage.

Wyoming, the top shooting team in the Mountain West Conference, extended its lead in the second half, scoring in the paint and beyond the arc. The Cowgirls, who outrebounded the Falcons 23-11 in the final stanza, led by as many as 28 points before taking the 24-point victory.

The Falcons are on the road for their next two games, beginning with a contest at Colorado State Saturday, Feb. 26.
With a spot in the Wing Open Championship finals on the line, 26 members of the Air Force boxing team brought their best effort to the Cadet Gym Wednesday during semifinal action of the 53rd annual tournament. Junior Casey Habbaetzel was named the Academy’s Boxer of the Week for the second consecutive week.

Facing Patrick Ryan in the only 165-pound bout of the night, Habbaetzel used his reach advantage and excellent movement to keep his shorter opponent away.

Senior Joe Silvio advanced to his fourth Wing Open finals at 156 pounds after defeating sophomore Mike Leland by unanimous decision. Silvio used good ring generalship and controlled all three rounds, en route to the decision. Silvio will face junior Tyrus Korecki in a rematch of last year’s finals Korecki easily won his 156-pound bout with James Livingstone when the referee stopped the contest in the first round.

Three freshmen advanced to the Wing Open finals. Andrew Munoz won his 132-pound bout with Danny Acero when the referee stopped their contest in the second round. Dennis Vorobyov decided Derek Demyanek at 175 pounds, while Zak Spranger won his 195-pound bout with Marcus Hill.

“Just three of them looked great in their victories,” assistant coach Capt. Blake Baldi said. “They were tough and earned their spot in the finals.”

Senior Michael Mizes and sophomore Will Petersen won their respective bouts to guarantee a rematch from last year’s Wing Open at 132 pounds. Mizes forced the referee to stop his bout with David Leeds in the third round, while Petersen earned the judges’ decision in his bout with Julian Gluck.

Sophomore Glenn Miltenberg and junior Craig Spranger advanced to the finals of the 147-pound weight class. Miltenberg won a referee-stopped (second round) contest over Sean Cork, while Spranger took a decision over John Alora.

Junior Rainer Caparas decisioned Vincent Vasquez in the 125-pound bout, while senior Reggie Howard advanced to his second Wing Open finals with a decision over Cooper Zielinski at 185 pounds. Senior Matt Coates closed out the night with a 195-pound win over Zach Vaughn, when the referee stopped their bout in the second round.

The victors from Wednesday’s action advance to the main ring, under the lights of Clune Arena for the championship round of the Wing Open Tournament. The winners advance to the main ring of Clune Arena for the championship round of the Wing Open Tournament. The finals will be Thursday, at 7 p.m., and admission is free.

Fun By The Numbers

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SUDOKU

Solution on page 6

Bout Results

125-lbs.: Rainer Caparas (CS-21) dec. Vincente Vasquez (CS-05)
122-lbs.: Michael Mizes (CS-32) rsc-3 David Leeds (CS-23)
122-lbs.: Andrew Munoz (CS-02) rsc-2 Danny Acero (CS-18)
117-lbs.: Glenn Miltenberg (CS-27) rsc-2 Sean Cork (CS-18)
147-lbs.: Craig Spranger (CS-18) dec. John Alora (CS-29)
156-lbs.: Joe Silvio (CS-21) dec. Mike Leland (CS-21)
156-lbs.: Tyrus Korecki (CS-24) rsc-1 James Livingstone (CS-18)
65-lbs.: Casey Habbaetzel (CS-32) dec. Patrick Ryan (CS-05)
47-lbs.: Denis Vorobyov (CS-06) dec. Derek Demyanek (CS-24)
185-lbs.: Reggie Howard (CS-02) dec. Cooper Zielinski (CS-19)
95-lbs.: Matt Coates (CS-14) rsc-2 Zach Vaughn (CS-09)
195-lbs.: Zak Spranger (CS-02) dec. Marcus Hill (CS-37)

The winners advance to the main ring of Clune Arena for the championship round of the Wing Open Tournament. The finals will be Thursday at 7 p.m.

BILLY EVANS
In its final dual meet of the season, the Air Force wrestling team captured a 24-14 win over Western Wrestling Conference rival Northern Colorado Friday night at Clune Arena. With the victory, the Falcons closed out the regular season with a 12-5 overall record and 3-3 mark in the WWC. Meanwhile, the Bears dropped to 2-12 overall, 1-5 in the conference.

The Bears won the first two matches of the meet, earning decisions at 125 and 133 pounds to take a 6-0 advantage in the team scoring. A forfeit victory for 11th-ranked Cole VonOhlen (So., Jackson, Minn.) at 141 pounds put the Falcons on the board, but Northern Colorado’s Justin Gaethje, ranked 19th in the country, won a 20-6 major decision at 149 pounds to push the Bears back ahead, 10-6.

At 157 pounds, junior Alec Williams, (Jr., Fultondale, Ala.) trailed 6-2 after two periods, but took control in the final period, earning a 9-7 decision over Tanner Weiks. Sophomore Clayton Gable (Dallastown, Pa.) made it two wins in a row for the Falcons, capturing a 6-2 win against Brandon Kammerzell in the 165-pound match, while captain Joseph Stafford (Sr., Loomis, Calif.) took the mat for the Falcons at 174 pounds, notching a 5-3 decision over Cody McAninch to give Air Force a 15-10 advantage.

While Northern Colorado scored a decision at 184 pounds to get back within two points in the team scoring, Neil Delaney (Sr., Grand Rapids, Mich.) followed up with a win over Nick Bayer at 197 pounds. The score was tied at 1-1 at the end of regulation before Delaney scored the only takedown of the match 39 seconds into the sudden victory period.

With Air Force leading by five points going into the final match, heavyweight Jared Erickson (So., Newton, Utah) helped the Falcons cement their Senior Night win. Leading 4-3 in the third period against Konner Knudtson, Erickson recorded his seventh fall of the season in a time of 6:30 to bring the final team score to 24-14.

The Falcons now prepare to host the 2011 NCAA West Regional, which will be held March 6 in Clune Arena. Air Force and the six other schools in the Western Wrestling Conference will compete to earn bids to this year’s NCAA Championships.
Patients wanted

The 10th Dental Squadron is seeking patients to be treated in their residency training program. If you are an eligible TriCare beneficiary and have been told you have gum disease or that you need gum surgery or a root canal, call 333-5490 for a screening appointment.

CCAF graduation

The Education Office will hold a Community College of the Air Force graduation and reception May 5 at the Falcon Club for the October 2010 and April 2011 graduating classes. For information, contact the Education Office at 333-4821.

A&FRC offerings

For information on these or other classes or to register, contact the Airmen & Family Readiness Center at 333-3444. Classes are held at the Airmen & Family Readiness Center and have been told you have gum disease or that you need gum surgery or a root canal, or call 333-3444 for a screening appointment.

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To register, contact the Education Office at 333-4821.

More information, contact the Education Office at 333-4821.

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Sunday-Thursday, March 20-24

Pre-trip meeting, Monday, March 14, 5:30 p.m.
at the Outdoor Recreation Center.

Nominations must be submitted no later than April 1 to HQ USAFA/CMA, 2304 Cadet Drive Suite 3200, USAF Academy, CO 80840-5002. Packages should include a single page with biographical data, including name, rank (if military), organization or company, telephone number and mailing address, and a typed narrative less than a page in length describing the nominee’s accomplishments.

Community Activity programs

For information on these and other Community Center activities, contact the Community Activities director at 333-2928.

UFC Fight Watch Party - Feb 26: The Milazzo Center will open at 7 p.m., with the Ultimate Fighting Championship event starting at 8 p.m.

Ballroom Dance - Wednesdays, 5:30 p.m. Classes are ongoing every four weeks. The cost is $28 per person or $52 per couple.

Line Dance - Mondays, 5 p.m. Classes are ongoing every six weeks. Cost is $35 per person.
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