

HPCON C

Thank you again for all the protective measures that you have taken at this installation. Your actions continue to produce great results. With the increase in COVID-19 cases in the State of Colorado and the community where we live, it is clear that we must do more to protect ourselves, our fellow Airmen, our customers, and our families. We must now move from a health protection condition Bravo (HPCON B) level to an HPCON Charlie level. At the Charlie level, we will all have to follow special procedures to prevent and mitigate COVID-19. Follow the below checklist to guide you on what measures you must carry out.

1. Follow all HPCON A and B measures (see below)
2. Follow the rules of your unit under HPCON C
3. Observe DoD and installation directives as well as directives at the Federal/State/County/Municipal level to include directives on social distancing and restriction of movement, such as:
 - a. Cancellation of large gatherings
 - b. Cancellation of non-essential travel, including most TDYs, PCSs, and leave
 - c. Following directions on signs at entryways that will redirect you to designated entry control points
 - d. Official Business Only (OBO) rules
 - e. Quarantine or isolation, if required.

HPCON B

4. Adopt strict hygiene measures:
 - a. No handshaking
 - b. Wash hands frequently, 20 seconds at a time, with soap and water (use hand sanitizer with 70% alcohol if soap and water not available)
 - c. Avoid touching your face with unwashed hands
 - d. Cough into your arm
 - e. Wipe/clean your common-use items
 - f. Wipe/clean common use items located in your public waiting areas with disinfectant prior to each shift, or as directed by the CDC: <https://www.cdc.gov/coronavirus/2019-nCoV/hcp/infection-control.html>
5. Avoid:
 - a. Close contact with people who are sick. If avoidance is not possible (e.g. healthcare worker), wear the proper personal protection equipment.
 - b. Unnecessary travel, especially to areas known to be experiencing active disease transmission. Know the travel restrictions of USAFA, USAF, and DoD.
 - c. Large gatherings such as religious and other community activities; make alternative arrangements for childcare.
6. If exposed:
 - a. Self-isolate (remain home)
 - b. Call ahead to your healthcare provider. For local military health system Access to Care call 719-526-2273.
 - c. Comply with medical orders for self-isolation or quarantine.
7. For more information, use these resources:
 - a. If you are having health issues and are concerned you may have COVID-19, please call your healthcare provider. For local military health system Access to Care call 719-526-2273.

- b. If you have general questions about COVID-19 (not related to your current medical/health status), please call 10 MDG Public Health at 719-333-9443 or at usaf.usafa.10-mdg.mbx.public-health@mail.mil.
 - c. See these websites for information on COVID-19:
 - i. USAFA: www.USAFA.edu/news/coronavirus
 - ii. El Paso County Health Department: <https://www.elpasocountyhealth.org/>
 - iii. CDC: <https://www.cdc.gov/COVID19>
8. Consider operational implications of limited workforce due to illness and family care requirements.
9. Adjust work-place processes
- a. Cancel large gatherings.
 - b. Consider having virtual meetings or cancelling meetings. If in-person meetings are necessary, spread out the attendees (e.g., occupy every other seat).
 - c. Seek guidance from employers and unit leaders about changes to work practices (e.g., telework) and training events.
10. Continue to follow HPCON A actions

HPCON A

- 1. Review applicable installation plans and checklists (e.g., Disease Containment Plan)
- 2. Verify preparation (i.e., training, countermeasure stock, force posture) as well as applicable MOUs/MOAs (e.g., SNS MOA)
- 3. Continue to inventory your supplies